



ITINERARY PLANNER

Maui 5-Days Itinerary Planner



Day 01

West Maui Sun & Shores

9:00 AM – KA'ANAPALI BEACH



- Relax on one of Maui's most famous white-sand beaches.
-  [Ka'anapali Beach, Maui](#)

12:30 PM – WHALERS VILLAGE



- Explore beachfront shopping and oceanfront dining spots.
-  [Whalers Village, Ka'anapali](#)

3:00 PM – BLACK ROCK (SNORKELING)



- Swim with tropical fish and sea turtles at the northern end of the beach.
-  [Black Rock, Ka'anapali](#)

5:30 PM – LAHAINA BANYAN COURT PARK



- Visit the massive, historic banyan tree in the heart of old Lahaina.
-  [Front Street, Lahaina](#)

6:30 PM – SUNSET AT LAHAINA HARBOR



- Watch the sun dip below the horizon over the neighboring islands.
-  [Lahaina Harbor, Maui](#)

8:00 PM – DINNER AT OLD LAHAINA LUAU



- Experience traditional Hawaiian food and cultural performances.
-  [Front Street, Lahaina](#)
-  **Advance Booking:** Required

Day 02

The Road to Hana Adventure

8:00 AM – PAIA TOWN



- Stop at this colorful surf town for breakfast and road trip supplies.
-  [Paia, North Shore Maui](#)

11:30 AM – TWIN FALLS



- Take a short hike to see beautiful waterfalls and lush jungle foliage.
-  [Hana Highway \(Mile Marker 2\)](#)

1:30 PM – WAI'ANAPANAPA STATE PARK



- Explore the famous black sand beach and coastal lava caves.
-  [Hana Highway \(Mile Marker 32\)](#)
-  Advance Booking: Required

4:00 PM – HANA TOWN



- Reach the quiet, remote village at the end of the winding road.
-  [Hana, East Maui](#)

6:00 PM – WAILUA FALLS



- Admire one of Maui's most photographed waterfalls right by the road.
-  [Hana Highway \(Mile Marker 45\)](#)

8:00 PM – DINNER AT HANA RANCH RESTAURANT



- Enjoy locally sourced ingredients in a rustic, tropical setting.
-  [Hana Highway, Hana](#)

Day 03

Upcountry & Volcano Heights

9:00 AM – HALEAKALĀ NATIONAL PARK (SUMMIT)



- Visit the massive volcanic crater at an elevation of over 10,000 feet.
-  [Haleakalā Highway, Kula](#)
-  **Advance Booking:** Required (only for Sunrise entry)

12:30 PM – KULA BOTANICAL GARDEN



- Walk through eight acres of colorful tropical plants and flowers.
-  [Kula Highway, Kula](#)

2:30 PM – ALI'I KULA LAVENDER FARM



- Explore serene lavender fields with panoramic views of the island.
-  [Waipoli Road, Kula](#)

4:30 PM – MAUI WINE (ULUPALAKUA RANCH)



- Visit the historic estate for a tasting of unique pineapple wines.
-  [Kula Highway, Ulupalakua](#)

6:30 PM – UPCOUNTRY SUNSET VIEW



- Stop at a scenic pull-off to see the island glow from above the clouds.
-  [Haleakalā Highway](#)

8:00 PM – DINNER AT O'O FARM



- Experience a unique farm-to-table dinner in the cool mountain air.
-  [Waipoli Road, Kula](#)
-  **Advance Booking:** Required

Day 04

South Maui Marine Life

8:30 AM – MOLOKINI CRATER (BOAT TOUR)



- Snorkel in a submerged volcanic crater with crystal-clear water.
-  **Ma'alaea Harbor (Departure point)**
-  **Advance Booking:** Required

1:00 PM – MAKENA BEACH (BIG BEACH)



- Enjoy one of the largest and most pristine beaches on the island.
-  **Makena Alanui, Kihei**

3:30 PM – LA PEROUSE BAY



- Walk across the youngest lava field on Maui along the rugged coast.
-  **Makena, South Maui**

5:00 PM – WAILEA BEACH PATH



- Take a scenic walk past luxury resorts and beautiful ocean vistas.
-  **Wailea, South Maui**

6:30 PM – KEAWAKAPU BEACH



- A perfect, quieter spot for a final evening beach walk.
-  **South Kihei Road, Kihei**

8:30 PM – DINNER AT MAMA'S FISH HOUSE



- Dine at Maui's most famous restaurant for world-class seafood.
-  **Poho Place, Paia**
-  **Advance Booking:** Required (Months ahead)

Day 05

Valley Isle Culture

9:30 AM – IAO VALLEY STATE MONUMENT



- See the iconic Iao Needle green-mantled rock pinnacle.
-  [Iao Valley Road, Wailuku](#)
-  Advance Booking: Required

12:00 PM – WAILUKU TOWN



- Explore local boutiques, street art, and the historic theater.
-  [Wailuku, Central Maui](#)

2:30 PM – MAUI TROPICAL PLANTATION



- Take a tram tour to learn about local crops like coffee and sugar.
-  [Honoapiilani Highway, Waikapu](#)

4:30 PM – KANAHA BEACH PARK



- Watch kite surfers and windsurfers take advantage of the Maui breeze.
-  [Amala Place, Kahului](#)

6:30 PM – HOOKIPA BEACH PARK



- Observe green sea turtles resting on the shore at sunset.
-  [Hana Highway, Paia](#)

8:30 PM – DINNER AT STAR NOODLE



- Enjoy Asian-fusion dishes and house-made noodles with a view.
-  [Front Street, Lahaina](#)
-  Advance Booking: Required



DON'T FORGET THESE ESSENTIALS!

checklist

ESSENTIALS

- | | |
|---|--|
| ☐ PASSPORT/ID | ☐ PHONE AND CHARGER |
| ☐ TRAVEL TICKETS (AIRLINE, TRAIN, ETC.) | ☐ TRAVEL ADAPTER |
| ☐ WALLET (CREDIT CARDS, CASH,
TRAVEL INSURANCE) | ☐ SUNGLASSES |
| | ☐ REUSABLE WATER BOTTLE |

CLOTHING

- | | |
|---|--|
| ☐ TOPS (T-SHIRTS, BLOUSES, SWEATERS) | ☐ SHOES (CASUAL, FORMAL, WALKING, OR |
| ☐ BOTTOMS (PANTS, SHORTS, SKIRTS) | ☐ SPECIALTY FOOTWEAR) |
| ☐ UNDERGARMENTS AND SOCKS | ☐ ACCESSORIES (HATS, BELTS, SCARVES) |
| ☐ SLEEPWEAR | ☐ OUTERWEAR (JACKETS, COATS, RAIN GEAR) |
| ☐ SWIMSUIT | |

TOILETRIES AND PERSONAL CARE

- | | |
|--|--|
| ☐ TOOTHBRUSH, TOOTHPASTE, FLOSS | ☐ DEODORANT |
| ☐ SHAMPOO, CONDITIONER, AND BODY WASH | ☐ HAIRBRUSH OR COMB |
| ☐ (TRAVEL SIZE) | ☐ MEDICATIONS |
| ☐ SKINCARE | ☐ FIRST AID KIT |
| ☐ MAKEUP AND REMOVER WIPES | |

ELECTRONICS

- | | |
|---|---|
| ☐ SMARTPHONE AND CHARGER | ☐ LAPTOP OR TABLET |
| ☐ POWER BANK | ☐ HEADPHONES OR EARBUDS |
| ☐ TRAVEL ADAPTER | ☐ CAMERA AND ACCESSORIES |



Travel Tips for Maui 💡

Reserve Your Spots

State parks like Iao Valley and Wai'anapanapa require reservations.

Reef-Safe Sunscreen

Use only mineral sunscreens to protect the coral reefs.

Pack Hiking Shoes

You will need sturdy shoes for volcanic rocks and jungle trails.

Bring a Jacket

It gets very cold at the top of Haleakalā, even in summer.

Respect the Land

Always follow "Leave No Trace" principles and respect private property.

Daily Planner

TOP PRIORITY

1

2

3

4

5

DATE

IMPORTANT REMINDERS

PLAN OF ACTION

8:00 AM

9:00 AM

10:00 AM

11:00 AM

12:00 PM

1:00 PM

2:00 PM

3:00 PM

4:00 PM

5:00 PM

6:00 PM

MEAL PLAN

BREAKFAST

LUNCH

DINNER

WATER INTAKE



NOTE TO SELF