



ITINERARY PLANNER

Sedona 3-Days Itinerary Planner



Last Updated: Oct 2025

Day 01

Arrival & Red Rock Magic

🕒 8:00 AM – BREAKFAST AT COFFEE POT RESTAURANT



- Try one of their famous 101 omelets and enjoy cozy diner vibes.
- 📍 [2050 W State Rte 89A, Sedona](#)

🕒 9:30 AM – HIKE CATHEDRAL ROCK TRAIL



- Short but steep climb with incredible red rock views and vortex energy.
- 📍 [Cathedral Rock Trailhead, Back O Beyond Rd](#)

🕒 12:30 PM – LUNCH AT THE HUDSON



- Casual lunch with panoramic red rock views.
- 📍 [671 State Rte 179, Sedona](#)

🕒 3:00 PM – SPA TIME AT AMBIENTE VELVET SPA



- Relax with a desert-inspired massage and a glass of champagne.
- 📍 [900 W State Rte 89A, Sedona](#)

🕒 7:00 PM – DINNER AT VINO DI SEDONA



- Enjoy wine, live music, and cozy patio seating.
- 📍 [2575 W State Rte 89A, Sedona](#)

Day 02

Art, History & Starry Skies

🕒 8:00 AM – BREAKFAST AT INDIAN GARDENS CAFÉ



- Fresh garden café vibes with homemade pastries and coffee.
- 📍 [3951 N State Rte 89A, Sedona](#)

🕒 10:00 AM – EXPLORE TLAQUEPAQUE ARTS & SHOPPING VILLAGE



- Art galleries, handmade jewelry, and local crafts in a charming plaza.
- 📍 [336 State Rte 179, Sedona](#)

🕒 12:30 PM – LUNCH AT CRESS ON OAK CREEK



- Riverside dining surrounded by nature and calm.
- 📍 [L'Auberge de Sedona, 301 L'Auberge Ln](#)

🕒 2:00 PM – VISIT HONANKI HERITAGE SITE



- Discover 12th-century cliff dwellings and ancient rock art.
- 📍 [Honanki Rd, Sedona Heritage Site](#)

🕒 9:00 PM – STARGAZING TOUR



- Join Sedona Stargazing for a guided night under the Milky Way.
- 📍 [Fay Canyon Trailhead area, Sedona](#)

Day 03 Spiritual Vibes & Scenic Views

🕒 8:00 AM – BREAKFAST AT WILDFLOWER BREAD COMPANY



- Quick breakfast before heading out to explore.
- 📍 [101 N State Rte 89A, Sedona](#)

🕒 9:30 AM – VISIT CHAPEL OF THE HOLY CROSS



- An iconic church built into red rocks with breathtaking views.
- 📍 [780 Chapel Rd, Sedona](#)

🕒 12:00 PM – WINE TASTING AT ALCANTARA VINEYARDS



- Sample Arizona wines and enjoy a vineyard lunch.
- 📍 [3445 S Grapevine Way, Camp Verde](#)

🕒 5:00 PM – SUNSET AT AIRPORT MESA



- Watch the sun paint the red rocks golden at one of Sedona's top spots.
- 📍 [Airport Rd, Sedona](#)

🕒 7:00 PM – FAREWELL DINNER AT MARIPOSA LATIN INSPIRED GRILL



- Fine dining with sweeping desert views and Latin flavors.
- 📍 [700 State Rte 89A, Sedona](#)



DON'T FORGET THESE ESSENTIALS! *checklist*

ESSENTIALS

- | | |
|---|--|
| <input type="checkbox"/> PASSPORT/ID | <input type="checkbox"/> PHONE AND CHARGER |
| <input type="checkbox"/> TRAVEL TICKETS (AIRLINE, TRAIN, ETC.) | <input type="checkbox"/> TRAVEL ADAPTER |
| <input type="checkbox"/> WALLET (CREDIT CARDS, CASH,
TRAVEL INSURANCE) | <input type="checkbox"/> SUNGLASSES |
| | <input type="checkbox"/> REUSABLE WATER BOTTLE |

CLOTHING

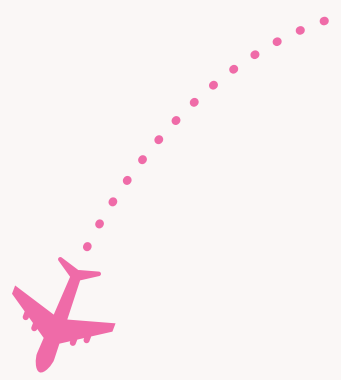
- | | |
|---|--|
| <input type="checkbox"/> TOPS (T-SHIRTS, BLOUSES, SWEATERS) | <input type="checkbox"/> SHOES (CASUAL, FORMAL, WALKING, OR
SPECIALTY FOOTWEAR) |
| <input type="checkbox"/> BOTTOMS (PANTS, SHORTS, SKIRTS) | <input type="checkbox"/> ACCESSORIES (HATS, BELTS, SCARVES) |
| <input type="checkbox"/> UNDERGARMENTS AND SOCKS | <input type="checkbox"/> OUTERWEAR (JACKETS, COATS, RAIN GEAR) |
| <input type="checkbox"/> SLEEPWEAR | |
| <input type="checkbox"/> SWIMSUIT | |

TOILETRIES AND PERSONAL CARE

- | | |
|---|--|
| <input type="checkbox"/> TOOTHBRUSH, TOOTHPASTE, FLOSS | <input type="checkbox"/> DEODORANT |
| <input type="checkbox"/> SHAMPOO, CONDITIONER, AND BODY WASH
(TRAVEL SIZE) | <input type="checkbox"/> HAIRBRUSH OR COMB |
| <input type="checkbox"/> SKINCARE | <input type="checkbox"/> MEDICATIONS |
| <input type="checkbox"/> MAKEUP AND REMOVER WIPES | <input type="checkbox"/> FIRST AID KIT |

ELECTRONICS

- | | |
|---|---|
| <input type="checkbox"/> SMARTPHONE AND CHARGER | <input type="checkbox"/> LAPTOP OR TABLET |
| <input type="checkbox"/> POWER BANK | <input type="checkbox"/> HEADPHONES OR EARBUDS |
| <input type="checkbox"/> TRAVEL ADAPTER | <input type="checkbox"/> CAMERA AND ACCESSORIES |



Travel Tips for Sedona 💡

🧴 Bring Sunscreen & Water

Even in cooler months, the desert sun is strong.

👟 Wear Good Hiking Shoes

Trails can be rocky and steep.

🚗 Start Early for Parking

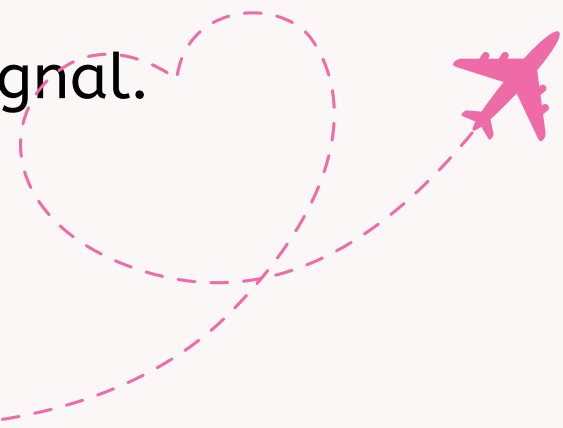
Trailhead lots fill up fast.

🌌 Book Stargazing Tours in Advance

They sell out during clear-sky nights.

📱 Download Offline Maps

Some areas have a limited signal.



Daily Planner

TOP PRIORITY

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

DATE

IMPORTANT REMINDERS

PLAN OF ACTION

8:00 AM

9:00 AM

10:00 AM

11:00 AM

12:00 PM

1:00 PM

2:00 PM

3:00 PM

4:00 PM

5:00 PM

6:00 PM

MEAL PLAN

BREAKFAST

LUNCH

DINNER

WATER INTAKE 

NOTE TO SELF