



ITINERARY PLANNER

Bali 7-Days Itinerary Planner



Last Updated: Oct 2025

Day 01

Arrive & Explore Ubud

🕒 9:00 AM – ARRIVAL & CHECK-IN AT UBUD



- Settle into your hotel and relax after your flight.
- 📍 [Stay at: Maya Ubud Resort or Plataran Ubud Hotel](#)

🕒 12:00 PM – LUNCH AT WATERCRESS CAFÉ



- Healthy and fresh meals with a calm jungle vibe.
- 📍 [Jl. Monkey Forest, Ubud](#)

🕒 2:00 PM – VISIT UBUD MONKEY FOREST



- Walk among ancient temples and playful long-tailed macaques.
- 📍 [Jl. Monkey Forest, Ubud](#)

🕒 4:00 PM – PURA TAMAN SARASWATI TEMPLE



- Admire lotus ponds and detailed carvings in the center of Ubud.
- 📍 [Jl. Kajeng, Ubud](#)

🕒 7:00 PM – DINNER & STROLL AT UBUD MARKET



- Enjoy local food and shop for handmade crafts.
- 📍 [Jl. Raya Ubud, Ubud](#)

💡 **Tip:** Stay central in Ubud to walk easily to cafés, temples, and shops.

Day 02 Rice Terraces, Temples & Waterfalls

🕒 9:00 AM – TEGALLALANG RICE TERRACES



- Walk through Bali's famous green terraces and take photos.
- 📍 [Tegallalang, Gianyar](#)

🕒 12:00 PM – TIRTA EMPUL WATER TEMPLE



- Join the traditional water cleansing ritual.
- 📍 [Tampaksiring, Gianyar](#)

🕒 2:00 PM – LUNCH AT WARUNG DEWA MALEN



- Local Indonesian food with a rice-field view.
- 📍 [Jl. Raya Mas, Ubud](#)

🕒 4:00 PM – KANTO LAMPO WATERFALL



- Cool off in the jungle waterfall and natural pool.
- 📍 [Gianyar](#)

🕒 7:00 PM – DINNER IN CENTRAL UBUD



- Try Milk & Madu for pizza or Monkey Legend for Balinese food.
- 📍 [Jl. Hanoman, Ubud](#)

💡 **Tip:** Bring a sarong for temple visits and wear waterproof sandals.

Day 03

Day Trip to Nusa Penida

🕒 7:00 AM – TAKE SPEEDBOAT FROM SANUR TO NUSA PENIDA



- Travel 45–60 mins by boat. Tours include driver & lunch.
- 📍 [Sanur Harbor, Denpasar](#)

🕒 9:00 AM – KELINGKING BEACH VIEWPOINT



- The iconic T-Rex cliff with turquoise water views.
- 📍 [Bunga Mekar, Nusa Penida](#)

🕒 12:00 PM – BROKEN BEACH



- A natural rock arch overlooking the sea.
- 📍 [Sakti Village, Nusa Penida](#)

🕒 2:00 PM – ANGEL'S BILLABONG



- Natural rock pool with crystal-clear water.
- 📍 [Sakti Village, Nusa Penida](#)

🕒 4:30 PM – RETURN TO BALI & DRIVE TO SEMINYAK



- Check into your hotel and relax by the pool.
- 📍 [Stay at: Alila Seminyak or Rama Residence Petitenget](#)

💡 **Tip:** Visit Stone Mountain before sunset for the best panoramic views.

Day 04 Explore Seminyak & Canggu

🕒 9:00 AM – SEMINYAK BEACH WALK



- Start your day by the ocean with beach cafés and waves.
- 📍 [Jl. Double Six, Seminyak](#)

🕒 12:00 PM – LUNCH AT CAFÉ ORGANIC



- Famous for smoothie bowls and avocado toasts.
- 📍 [Jl. Petitenget, Seminyak](#)

🕒 2:00 PM – SHOPPING IN SEMINYAK SQUARE



- Find boutiques, art shops, and souvenirs.
- 📍 [Jl. Kayu Aya, Seminyak](#)

🕒 4:00 PM – VISIT CANGGU



- Relax at beach clubs like The Lawn or enjoy sunset surfing.
- 📍 [Batu Bolong Beach, Canggu](#)

🕒 7:00 PM – DINNER & NIGHTLIFE IN SEMINYAK



- Try Sea Circus or Ku De Ta for great food and drinks.
- 📍 [Jl. Oberoi, Seminyak](#)

💡 **Tip:** Use Gojek app for easy and cheap scooter rides.

Day 05

Head to Uluwatu

🕒 9:00 AM – CHECK OUT & DRIVE TO ULUWATU (2 HRS)



- Enjoy scenic coastal views on the way.
- 📍 [From Seminyak to Uluwatu, South Bali](#)

🕒 12:00 PM – LUNCH AT JIMBARAN FISH MARKET



- Pick your seafood and get it grilled by the beach.
- 📍 [Jl. Pantai Kedonganan, Jimbaran](#)

🕒 2:00 PM – CHECK-IN AT ULUWATU RESORT



- 📍 [Stay at: Radisson Blu Bali Uluwatu or Alila Villas Uluwatu](#)

🕒 4:00 PM – DREAMLAND BEACH



- Perfect for swimming or relaxing on the sand.
- 📍 [Pecatu, South Kuta](#)

🕒 7:00 PM – SUNSET DINNER BY THE SEA



- Enjoy grilled fish and the ocean breeze.
- 📍 [Jimbaran Beach, South Kuta](#)

💡 **Tip:** Try a seafood dinner at Jimbaran before sunset it's magical!

Day 06 Temples, Surf & Sunset Shows

🕒 9:00 AM – SURF AT PADANG PADANG BEACH



- Rent a board or take lessons at this famous surf spot.
- 📍 [Pecatu, South Kuta](#)

🕒 12:00 PM – LUNCH AT SINGLE FIN CAFÉ



- Cliffside views and chill vibes with good food.
- 📍 [Jl. Labuan Sait, Pecatu](#)

🕒 2:00 PM – ULUWATU TEMPLE



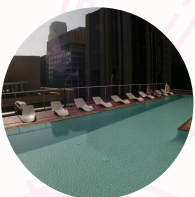
- Watch waves crash below the temple perched on a cliff.
- 📍 [Jl. Uluwatu, Pecatu](#)

🕒 6:00 PM – KECAK FIRE DANCE SHOW



- A cultural performance telling the Ramayana story at sunset.
- 📍 [Uluwatu Temple Amphitheater, Pecatu](#)

🕒 7:30 PM – DINNER AT ONE EIGHTY DAY CLUB



- Enjoy a poolside dinner overlooking the ocean.
- 📍 [Jl. Pura Goa Lembeh, Uluwatu](#)

💡 **Tip:** Arrive early at Uluwatu Temple for good seats for the dance show.

Day 07

Last Day & Departure

🕒 9:00 AM – BREAKFAST & BEACH WALK



- Relax and take your last morning stroll by the sea.
- 📍 [Thomas Beach, Uluwatu](#)

🕒 11:00 AM – VISIT GWK CULTURAL PARK



- See the giant Garuda Wisnu statue before heading home.
- 📍 [Jl. Raya Uluwatu, Ungasan](#)

🕒 1:00 PM – LUNCH STOP & SOUVENIR SHOPPING



- Pick up local coffee, handmade soaps, and Batik clothes.
- 📍 [Samasta Lifestyle Village, Jimbaran](#)

🕒 4:00 PM – DRIVE TO AIRPORT (DPS)



- Allow 2 hours for traffic before flight time.
- 📍 [Ngurah Rai International Airport, Denpasar](#)

💡 **Tip:** Keep some Rupiah cash handy for tolls and snacks before the flight.



DON'T FORGET THESE ESSENTIALS! *checklist*

ESSENTIALS

- | | |
|---|--|
| <input type="checkbox"/> PASSPORT/ID | <input type="checkbox"/> PHONE AND CHARGER |
| <input type="checkbox"/> TRAVEL TICKETS (AIRLINE, TRAIN, ETC.) | <input type="checkbox"/> TRAVEL ADAPTER |
| <input type="checkbox"/> WALLET (CREDIT CARDS, CASH,
TRAVEL INSURANCE) | <input type="checkbox"/> SUNGLASSES |
| | <input type="checkbox"/> REUSABLE WATER BOTTLE |

CLOTHING

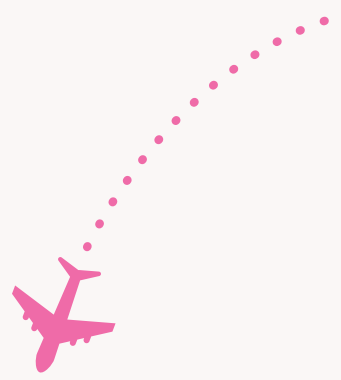
- | | |
|---|--|
| <input type="checkbox"/> TOPS (T-SHIRTS, BLOUSES, SWEATERS) | <input type="checkbox"/> SHOES (CASUAL, FORMAL, WALKING, OR
SPECIALTY FOOTWEAR) |
| <input type="checkbox"/> BOTTOMS (PANTS, SHORTS, SKIRTS) | <input type="checkbox"/> ACCESSORIES (HATS, BELTS, SCARVES) |
| <input type="checkbox"/> UNDERGARMENTS AND SOCKS | <input type="checkbox"/> OUTERWEAR (JACKETS, COATS, RAIN GEAR) |
| <input type="checkbox"/> SLEEPWEAR | |
| <input type="checkbox"/> SWIMSUIT | |

TOILETRIES AND PERSONAL CARE

- | | |
|---|--|
| <input type="checkbox"/> TOOTHBRUSH, TOOTHPASTE, FLOSS | <input type="checkbox"/> DEODORANT |
| <input type="checkbox"/> SHAMPOO, CONDITIONER, AND BODY WASH
(TRAVEL SIZE) | <input type="checkbox"/> HAIRBRUSH OR COMB |
| <input type="checkbox"/> SKINCARE | <input type="checkbox"/> MEDICATIONS |
| <input type="checkbox"/> MAKEUP AND REMOVER WIPES | <input type="checkbox"/> FIRST AID KIT |

ELECTRONICS

- | | |
|---|---|
| <input type="checkbox"/> SMARTPHONE AND CHARGER | <input type="checkbox"/> LAPTOP OR TABLET |
| <input type="checkbox"/> POWER BANK | <input type="checkbox"/> HEADPHONES OR EARBUDS |
| <input type="checkbox"/> TRAVEL ADAPTER | <input type="checkbox"/> CAMERA AND ACCESSORIES |



Travel Tips for Bali 💡

🛵 Rent a Scooter or Driver

Roads are busy, but the views are amazing.

☀️ Visit in Dry Season

April to October offers sunny weather.

🙏 Dress Modestly

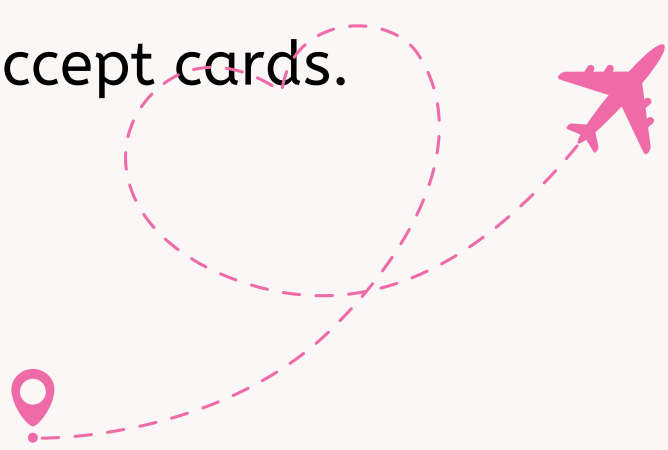
Especially when visiting temples.

💧 Stay Hydrated

Use bottled water and sunscreen daily.

💰 Keep Cash Handy

Small shops may not accept cards.



Daily Planner

TOP PRIORITY

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

DATE

IMPORTANT REMINDERS

PLAN OF ACTION

8:00 AM

9:00 AM

10:00 AM

11:00 AM

12:00 PM

1:00 PM

2:00 PM

3:00 PM

4:00 PM

5:00 PM

6:00 PM

MEAL PLAN

BREAKFAST

LUNCH

DINNER

WATER INTAKE 

NOTE TO SELF